

**CHRISTIAN SOCIAL SERVICES COMMISSION (CSSC)
NORTHERN ZONE JOINT EXAMINATIONS SYNDICATE
(NZ-JES)**



**FORM FOUR PRE – NATIONAL EXAMINATION AUG 2025
FOOD AND NUTRITION 2 PRACTICAL
MARKING SCHEME**

1. (a) Two course meal

i. First course lunch; Main meal:

Carbohydrate dish

Protein dish

Vitamins dish

ii. Second course meal; Sweet dish:

Any suitable dish

OR

I. First course lunch; Starter:

Any suitable soup

ii. Second course meal; Main meal:

Carbohydrate dish

Protein dish

vitamins dish

(b) A suitable drink by using fruits in season

2. (a) Three food items to be packed

1st food item- Carbohydrate food

2nd food item- Protein food

3rd food item – Vitamins food

- (a) i. Any suitable bite
- ii. A suitable cold beverage

3. (a) Four dish meal

1st dish – Carbohydrate dish

2nd dish – Protein dish

NOTE: One of the above being Convenience

3rd dish – Vitamins dish

4th dish – Sweet dish (non - fruit dish)

(b). Mixed fruit juice

MARKING GUIDELINE FOR EACH QUESTION

FOOD AND NUTRITION 2

DESCRIPTION	MARKS
i. CORRECT CHOICE OF DISHES	10 Marks
i. MARKETING LIST	05 Marks
ii. ORDER OF WORK	05 Marks
iii. SKILLS OF DISHES	35 Marks
iv. QUALITY OF DISHES	30 Marks
v. TIDENESS AND WASHING UP	05 Marks
vi. GNERAL IMPRESSION	05 Marks
vii. SERVING APPEARANCE	05 Marks

TOTAL MARKS 100%